



PSPA

Margaret Powell House
415a Midsummer Boulevard
Milton Keynes
MK9 3BN

Dear xxx

YOUR DONATION COULD PROVIDE HELP AND COMFORT TO FAMILIES LIKE MINE

This festive season is going to be incredibly tough for me and my family. It's the first one without my wonderful wife, Prema, by my side.

After her Corticobasal Degeneration (CBD) diagnosis in 2024, I became Prema's full-time carer, fulfilling her wish to stay at home throughout her illness. We weren't short of love, family and friends visited us regularly. Yet in those early days after her diagnosis, we felt profoundly alone. **No support was offered.** Just a follow-up appointment scheduled six months away.

DONATE TO ENSURE NO FAMILY FACES PSP OR CBD ALONE

I am thankful we found PSPA soon after. With their help, we immediately felt the warmth of a supportive community.

The **Newly Diagnosed Group** helped us understand the condition we were facing, replacing fear with knowledge. For me, the **Carers Support Group** became essential. Sharing experiences, tips, information, and forming deep friendships gave me help and comfort during the hardest time of my life. Now the **Bereaved Carers Support Group** is helping me along as I process my loss and move forward without Prema.

DEDICATE YOUR DONATION TO A LOVED ONE

To honour the support we received, and to keep Prema's kindness alive this festive season, my family is donating to PSPA's **Bauble Appeal** in her memory. This gift will ensure families like ours continue to be connected and informed during the challenging journey ahead.

You can join me by supporting the Bauble Appeal too. Your dedicated bauble will shine brightly on PSPA's website Christmas tree or in their head office until January 2026.

Please, join me in giving to PSPA this festive season. **Your generosity is more than a donation—it's a guarantee that no family will ever have to face PSP or CBD alone.**

Best Wishes,

Chrys

P.S. You can support the Bauble Appeal using the form below or by visiting PSPA's website at **www.pspassociation.org.uk/christmas**.

01327 322410 / info@pspassociation.org.uk / www.pspassociation.org.uk

PSPA is a registered charity in England and Wales (1037087) and Scotland (SCO41199) / PSPA is registered as a company limited by guarantee in England & Wales No. 2920581.



I WANT TO HELP FAMILIES LIVING WITH PSP & CBD THIS CHRISTMAS

If you wish to dedicate a bauble this Christmas, please fill in the form below.
You can also give a donation online at pspassociation.org.uk/christmas



YOUR DETAILS

Title: _____ First Name: _____ Surname: _____
House name or number: _____ Street: _____
Town/City: _____ County: _____ Postcode: _____
Contact Tel: _____ Email: _____

PAYMENT DETAILS

I enclose my donation of £10 ☐, £50 ☐, £100 ☐, or other £
in dedication to

Thanks to the Gift Aid scheme, PSPA can reclaim 25p for each £1 you give, increasing its value to £1.25.
To Gift Aid your donation you must tick the box below and enter today's date:

☐ **I want to Gift Aid my donation and any donations I make to PSPA in the future or I have made in the past four years.** I am a UK taxpayer and understand if I pay less Income Tax and/or Capital Gains Tax than the amount of Gift Aid claimed on all my donations in that tax year it is my responsibility to pay any difference.*

*Gift Aid is reclaimed by the charity from the tax you pay for the current tax year. Your address is needed to identify you as a current UK taxpayer. Please notify us if you wish to cancel this declaration, change your name or home address, or if you no longer pay sufficient tax on your income and/or capital gains to cover the amount of tax claimed. Just call 01327 322410 or email info@pspassociation.org.uk

Date:

☐ I am not a UK Taxpayer

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Credit/Debit Card Payment – I hereby authorise PSPA to deduct the sum of £ from my credit/debit card below

Expiry Date: Start Date: Issue Number:
Card Number: Security Number:
Name of cardholder:

Billing address: ☐ Same address as above. If the billing address is different, please fill in below:
Address: Postcode:
Signature: Date:

Please send this form together with the bauble and your payment details (above) or a cheque made payable to PSPA and return to us at **FREEPOST PSPA**. Alternatively you can make a donation online at pspassociation.org.uk/christmas or call **01327 322414** to make a donation over the phone.

We greatly appreciate your support and would like to keep in contact with you about our news - including our support services, stories and information about our supporters, research projects, volunteering and fundraising activities and appeals. Please select all the ways you would like to be contacted below:

Post ☐ Email ☐ Telephone ☐

PSPA will use your personal information only for the purposes for which you have given us consent. We will keep your data confidential and safe, and will never swap or sell it and you can always withdraw your consent at any time by emailing consent@pspassociation.org.uk or calling **01327 322410**. You can see our privacy statement at pspassociation.org.uk/home/privacy-policy which explains how we collect, store, manage and use your personal information.

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DID YOU KNOW...

Donating £10 could provide families with a copy of My Personal Guide to PSP & CBD helping them understand the condition and how it may progress.

A donation of £50 could help to bring families together at a Support Group meeting to share information, provide tips and build lasting friendships.

A gift of £100 could provide carers with useful guides and information sheets, plus meetings where they can connect with others living similar experiences.