



Volunteering E-News

PSP & CBD AWARENESS WEEK

How you can help this PSP & CBD Awareness Week

As you know, PSP & CBD Awareness Week is fast approaching on Thursday 17 to Wednesday 23 June. Throughout the month of June, you, as valued PSPA volunteers, can help us to raise awareness of PSP & CBD. These include:

- Education Volunteers – Why not book a PSP & CBD Education Session
- Inviting a local optician to join one of your Support Group Meetings
- Circulating our new vision specific Red Flag posters to opticians
- Organising a Walk of Hope event in your community.

At the end of May, an awareness map will be live on our website for you all to log your activity throughout the month of June. This will not only show what is going on across the country but will also help us to measure the impact of this year's awareness campaign.



Welcome to our new Link Volunteers!

We are excited to welcome nine newly trained Link Volunteers who are ready to provide 1:1 support to individuals living with PSP & CBD and their carers within their local communities.

Link Volunteers will offer support to those who have recently received a diagnosis or who are experiencing a time of crisis on their journey with the condition.

We are still seeking passionate, caring individuals to join us as Link Volunteers to help make a positive impact on the lives of people affected by PSP & CBD.

If you or someone you know is interested in becoming a Link Volunteer, contact volunteering@pspassociation.org.uk or call 01327 362461. Alternatively, the role description and application form can be found on our website.

We thank you for your continued support and look forward to welcoming new volunteers to our community.

[Apply here](#)



Volunteer Development Day

Save the date: Saturday 7 October 2023 Venue: Kent's Hill, Milton Keynes

We are excited to announce our annual Volunteer Development Day!

This event is designed to offer you the opportunity to meet up with other PSPA volunteers as well as updates on the work of the organisation. There will also be an opportunity to enhance your skills and knowledge as a PSPA volunteer.

We know that volunteering can be challenging, and we want to make sure that you have the tools and resources to feel confident and effective in your role. More details to follow.



To ensure that everyone can participate and celebrate National Volunteers' Week with PSPA, we wanted to give you a heads up and save the date. National Volunteers' Week will be taking place from Thursday 1 June to Wednesday 7 June.

This is an exciting time for all of us, and we can't wait to recognise the incredible contributions that you make to PSPA and the wider community. We encourage you to mark your calendars and prepare for a week of appreciation and celebration.

and dedication to our cause.

Thank you once again for being an integral part of our team, and we can't wait to celebrate National Volunteers' Week with you all!



Thank you for volunteering at the London Marathon

We want to express our heartfelt thanks to all the volunteers who supported PSPA and our runners during the London marathon on Sunday, 23 April 2023. Your enthusiasm, energy, and unwavering dedication helped to make the event a huge success and an unforgettable experience for all involved.

Your commitment and hard work did not go unnoticed, and we are truly grateful for your support.

We are also pleased to confirm our 42 runners, raised an amazing £100,000 for PSPA through their sponsorship.

Save the date

PSPA Family and Friends Day – Saturday 15 July 2023 at De Vere Beaumont Estate, Burfield Road, Old Windsor.

Book Now

You also might be interested in

- The latest [PSPA news](#)



PSPA UK charity dedicated to improving the lives of people living with PSP & CBD while funding research into treatments and a cure. Charity number England and Wales 1037087/ Scotland SCO41199.

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