

EYE RED FLAGS OF PROGRESSIVE SUPRANUCLEAR PALSY (PSP)

Progressive Supranuclear Palsy (PSP) is a severe neurological condition which changes many ocular and oculomotor functions. These easy-to-check eye red flags could speed up detection and treatment.

On average it takes three years to get a diagnosis of PSP. To improve diagnosis and access to relevant care and support, we have developed a list of red flags for opticians and ophthalmologists that may raise clinical suspicion of PSP.

If you see these red flag signs, you may want to suggest a visit to the GP. The GP can look into possible causes, and consider a specialist referral.

1. EYE MOVEMENTS

- **Limited up or down range of eye movements**
- **Trouble voluntarily shifting gaze up or down**
- **Slow or curved vertical saccades**

2. EYE LIDS

- **Difficulty in opening the eyes.**
- **Tendency to not blink ('stare' look)**

3. FIXATION

- **Square wave jerks (involuntary, horizontal, saccadic intrusions that interrupt fixation).**

To learn more, you can read the article on the link, left which includes a film to illustrate what the eye red flags look like.



PSPA is the UK's leading centre of knowledge, experiences and support for people living with PSP or CBD, their families and health and social care professionals.

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